



CARDIOVASCULAR MEDICINE, P.C.

NONINVASIVE VASCULAR STUDY

(With or Without Exercise)

Patient Preparation Instructions

_____ Davenport Diagnostic Center
2nd Floor, Genesis Heart Institute
1236 East Rusholme
Davenport, IA 52803
(563) 324-2992

_____ Moline Diagnostic Center
1100 36th Avenue
Moline, IL 61265
(309) 743-6700

Your test is scheduled on: DATE: _____ TIME: _____

- **Please read these instructions carefully. Failure to follow these instructions may require the test to be rescheduled.**
- **If you need to cancel or reschedule this test you MUST call 48 hours prior to your appointment time.**
- **If your insurance has changed since the time your test was scheduled, please check with your current insurer to see if test pre-certification is required.**

What is a non-invasive vascular study?

A non-invasive vascular study looks at the blood flow in the arms or legs. The procedure uses blood pressure cuffs and pressure readings are taken at different levels to determine if and where any abnormalities exist. The pressure readings may also be taken at rest and following some sort of exercise.

How to prepare for the test:

- You can eat and drink normally before this test.
- You can take all of your medications before this test.
- Wear comfortable two-piece clothing and undergarments.
- Please shower or bathe before your procedure.
- Please allow 45 minutes for this test.

Upon arrival at the doctor's office...

A sonographer will escort you to an exam room and explain the procedure. You will be asked to remove your pants for this test. Blood pressure cuffs will be placed on your thighs, calves, and feet. The cuffs will be inflated and deflated while pressure readings are obtained. Sometimes the cuffs are placed on the arms. You may be asked to do some form of exercise. Pressure readings are typically taken again following the exercise. The test usually takes about 45 minutes to complete. A copy of your test report will be sent to your physician.